



CHILD NUTRITION SERVICES

DEL MAR UNION SCHOOL DISTRICT

Program Facts

Number of Schools

8

Number of Students

3,714

**Percent of Free/Reduced
Students**

9.9%

cns

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Breakfast Facts

2022/23 Breakfast Sites Served	8
2022/23 Breakfast Participation	98,907
2022/23 Breakfast Average Daily Participation (ADP)	549
2023/24 Breakfast Participation	120,625
2023/24 ADP Breakfast	670



Lunch Facts

Lunch Sites Served	8
2022/23 Lunch Participation	338,407
2022/23 Lunch Average Daily Participation (ADP)	1,880
2023/24 Lunch Participation	345,226
2023/24 Lunch ADP	1,917





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Taste Tests

- ▶ We held multiple taste tests throughout the year
- ▶ We utilized the feedback to develop upcoming menus



Farm-to-School Update

- ▶ Utilized grant money for local produce
- ▶ Showcased farms on:
 - ▶ Website
 - ▶ At the serving lines
- ▶ Bought almost 12 tons of California Produce
- ▶ Bought an entire orchard of Navel Oranges from Pauma Valley
- ▶ Worked with approximately a dozen California farms, five less than 100 miles from the Central Kitchen



LOCAL FOOD FOR SCHOOLS
BLOOD ORANGE

ABOUT
Blood oranges grow between the months of December and May. Their distinct color is due to the high levels of anthocyanins in the cyanin pigment found in the fruit.

Today's oranges are brought to you from Trinity Fruit Company, located in Fresno, California.

FACTS

- Cooler weather helps blood oranges develop its signature color.
- Anthocyanin pigment produces a red/purple color. It is found in other fruits and vegetables such as blueberries and beets.

FLAVOR
The flavor of the blood orange has been described as a cross between a sweet orange and a raspberry. It is noted to have a floral flavor. It is usually sweeter than regular navel oranges.

Source:
<https://spoonuniversity.com/lifestyle/what-is-a-blood-orange>

"This institution is an equal opportunity provider"





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CNS's Success

- ▶ Not possible without the Board's & Superintendent's support





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Breakfast

What's Hot

Based on Meal Counts:

- ▶ #1: Cinnamon Swirls
- ▶ #2: Pan Dulce
- ▶ #3: Chocolate Chip Muffin

Based on Spring Survey:

- ▶ #1: Cinnamon Swirls
- ▶ #2: Maple Waffle
- ▶ #3: Chocolate Chip Muffin

What's Not

Based on Meal Counts:

- ▶ #1: Assorted Cereal
- ▶ #2: Apple Cinnamon Oatmeal Rounds
- ▶ #3: Whole Wheat Bagel

Based on Spring Survey:

- ▶ #1: Peaches & Overnight Oats
- ▶ #2: Pink Pan Dulce
- ▶ #3: Benefit Bar



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Lunch

What's Hot

Based on Meal Counts:

- ▶ #1: Cheeseburger
- ▶ #2: Chicken Nuggets
- ▶ #3: Chicken Sandwich

Based on Spring Survey:

- ▶ #1: Chicken Drumstick
- ▶ #2: Chicken Dumplings
- ▶ #3: Cheeseburger

What's Not

Based on Meal Counts:

- ▶ #1: Taco Nada
- ▶ #2: Bean & Cheese Burrito
- ▶ #3: Turkey Pepperoni Stuffed Sandwich

Based on Spring Survey:

- ▶ #1: Bean & Cheese Burrito
- ▶ #2: Fish Sandwich
- ▶ #3: Chicken Corn Dog



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Donations/Meal Variance

- ▶ Donations:
 - ▶ 20,539 pounds donated
- ▶ Meal Variance of prepared to served:
 - ▶ Breakfast 8%
 - ▶ Lunch 12%





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Compostable/ Recyclable

- ▶ Limited on what we can use that is recyclable/compostable
- ▶ Making changes where it is possible/practicable





Thank you **BUNCHES** for making our **LUNCHES**

Dear Maria,
Thank you for helping me find my lunch! You are awesome! Please you are my superhero and when it comes to my lunch you are the best!

YOU ARE the in a melon!

THANK YOU BUNCHES FOR MAKING OUR LUNCHES

Thank you I love the drama...

You are the **STAR** of the salad bar!

CMS
CHILD NUTRITION SERVICES

Thank

you

